



# LEARN & CREATE

with Baby Lock



## Heart-Shaped Pot Holder Project



Created by: Stephanie Struckmann, Baby Lock Video Coordinator

You can watch a short video on this tutorial here! <https://youtu.be/8Plj0pvhIUk>

### Supplies:

- Baby Lock Sewing & Embroidery Machine with a 5" x 7" hoop (or larger)
- Two 13" x 13" fabric pieces for the top and lining
- Two 13" x 13" fabric pieces for 2 pockets on back
- Two 13" x 13" pieces of Insul-Bright™ Insulated Batting
- Enough ric rac to surround the perimeter of the heart + 5" for the loop
- Sewing thread
- Embroidery thread (and embroidery bobbin thread)
- 5" x 7" embroidery hoop
- Heart Embroidery Design (free with the coupon code OVENMITT)
  - <http://amazingdesigns.com/love-heartfelt-doodle-embroidery-design>
- Measuring Gauge
- Sewing shears
- Marking utensil





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## Instructions:

1. Layer one piece of Insul-Bright™ Insulated Batting underneath one layer of fabric for the top of your pot holder and hoop the 2 fabrics together in your 5" x 7" hoop.
2. Stitch out the heart embroidery design.
3. Take your fabric out of the hoop and measure and mark 1" out around the edge of the entire heart design. Cut along the 1" marked line.
4. Then, layer the 2 fabric pieces for the pockets, the lining layer, and the extra layer of Insul-Bright™ Insulated Batting. Place your cut heart on top and use that as a pattern to cut through all of the layers.
5. Align the ric rac up with the edge of the top embroidered heart and stitch down the middle of the ric rac. Place your 5" folded over loop of ric rac facing inward on one of the upper edges of the heart and stitch in place.
6. Then, layer the lining heart fabric, the Insul-Bright™ Insulated Batting heart, and the embroidered top heart. Take the pocket hearts and fold them in half with the wrong sides facing inward. Then, layer those on top, next to each other to complete a heart on top of the layered hearts.
7. Take all of these layers to your sewing machine and stitch around the outer edge of your heart through all layers (you might stitch around it twice for added support because of thickness).
8. Trim your seam allowances and the point on the heart. Cut into the "v" of the heart (don't cut into your stitch line, but do cut in close to it).
9. Flip the pockets to turn it right side out and press.
10. Topstitch around your heart.
11. Make Valentine's Day cookies!
12. Use your pot holder to remove cookies from the hot oven! 😊

